



**CONESTOGA VALLEY GIRLS YOUTH LACROSSE  
FOR ATHLETES IN GRADES 2-8**

**SCAN THE QR CODE TO REGISTER!!**

Register by February 1, 2024



**\$70 includes practices, games & t-shirt**  
**Athlete will need a current USA lacrosse membership (additional cost of \$35)**

Middle school: practice 3x/week --- All other teams practice 2x/week  
Season runs from mid-March through late May

**[www.cvgyla.com](http://www.cvgyla.com)**